

**Alzheimer's Disease and Related Disorders Commission  
Department for Aging and Rehabilitative Services  
8004 Franklin Farm Drive, Henrico VA 23229**

**March 12, 2024  
MEETING MINUTES**

**Members Present**

Lana Sargent, Chair  
Leslie Bowie  
Karen Darner  
Karen Garner (Electronic)  
Bea Gonzalez  
Rick Jackson  
Kim Kutner  
Margie Shaver  
Michael Watson  
Ishan Williams  
Zachary Wood

**Ex-Officio**

Kathryn Hayfield, DARS  
Jason Rachel, DMAS  
Tara Ragland, DSS  
Rachel Coney, VDH  
Annette Clark, DBHDS (Electronic)

**Guests**

Garland Alvey  
Josh Myers  
Ashley Staton  
Faika Zanjani

**Staff**

Kiersten Ware, Deputy Commissioner,  
Division for Aging Services  
George Worthington, Dementia Services  
Coordinator  
Kathy Miller, Director of Aging  
Programs.  
Cecily Slasor, Administrative Support  
Catherine Harrison, Director Policy  
Division  
Charlotte Arbogast, Sr. Policy Analyst

**Agenda Items**

**Welcome and Introductions of Members and Guests**

Chair Lana Sargent opened the meeting at 10:10 a.m. New commission members were introduced. Chair Sargent welcomed members and asked them to introduce themselves. Following introductions, Ms. Sargent reviewed the purpose of the Commission. Ms. Sargent noted that Annette Clark, ex-officio member representing DBHDS, and Karen Garner, had requested to participate electronically, using permissions #3 (principal residence more than 60 miles away) and #4 (personal matters) respectively. Members had no objection to their

**Speaker**

**Lana Sargent,  
Chair**

participation. Ms. Clark participated from her home in Roanoke and Ms. Garner from her home in Richmond.

### Review and Adopt Meeting Agenda

**Lana Sargent**

*Action Item: Approve Agenda*

Chair Sargent asked whether there were any changes to the agenda. Rick Jackson made a motion to accept the agenda as presented, and this was seconded by Margie Shaver. There was no discussion and the agenda was adopted as presented by a unanimous voice vote.

### Review and Approval of December 12 Meeting Minutes

**Lana Sargent**

There were no comments or edits proposed for the December meeting minutes. Chair Sargent declared the minutes adopted as presented.

### Public Comment Period

**Lana Sargent**

One written public comment from Mr. Chuck Boles was shared with the members. The comment suggested including in the Dementia State Plan a strategy around staff training about the role mediators can play for families living with dementia. Ishan Williams asked whether the Dementia Services Coordinator had or would respond, and George Worthington shared his reply with the members.

### Division for Aging Services Report

**Kiersten Ware**

**1. Older Americans Act (OAA) Final Regulations: The Administration for Community Living's (ACL) new Older Americans Act (OAA) Final Regulations take effect this week on March 15, 2024.**

- All regulated entities, including State Units on Aging (SUAs), Area Agencies on Aging (AAAs) and service providers, are **expected to be in compliance by October 1, 2025**.
- ACL intends to create a path for Corrective Action Plans (CAPs) **for states that need more time** for compliance if the state can demonstrate that it has a plan in place to achieve compliance.
- DARS is working hard **to digest the content** of the OAA Final Regulations.
- The Division for Aging Services has **formed a “New Internal Regs Work Group”** and will be engaging across divisions to **assess, plan, and implement** what is needed for Virginia's compliance, and a good portion that will involve collaborating with AAAs.

<ul style="list-style-type: none"><li>• DARS will be back in touch with the AAAs and the Virginia Association of Area Agencies on Aging (V4A) as plans develop and progress begins to unfold for this important and time sensitive work.</li></ul> <p>2. March 20 from 10 – 11 am is <b>Virginia's Social Health Connector Launch</b> event</p> <ul style="list-style-type: none"><li>• Taking place during <b>National Happiness Week</b>, this event will be an opportunity to gather, support and celebrate the well-being, health, and happiness of Virginians while learning more about <b>No Wrong Door Virginia's innovative and national award-winning tool</b>. The Social Health Connector uses a person-centered virtual assessment to generate a customized social health connection plan for people with disabilities, older adults, and family caregivers.</li><li>• This personalized plan leverages advanced technology to offer insights into individualized risks and strengths, highlighting local recommended resources for users within the state of Virginia. After individuals complete the survey, they receive a customized social connection plan.</li><li>• Here's what's in store for you:<ol style="list-style-type: none"><li>i. Hear remarks from First Lady Suzanne S. Youngkin and other experts in the field.</li><li>ii. Receive a walk through demonstrating how you can use the Social Health Connector for yourself or someone else.</li><li>iii. Walk away with new resources to help you share the importance of social connection in your community.</li></ol></li><li>• Register now!</li></ul> <p>3. <b>UVA Weldon Cooper Center for Public Service</b> updated their demographic service data products <b>to better address the needs of older adults</b> in Virginia.</p> <ol style="list-style-type: none"><li>a. In response to invaluable feedback from AAAs, <b>Weldon Cooper</b> has implemented several enhancements:<ol style="list-style-type: none"><li>i. The new data dashboards and data tables are now available at both the PSA and locality levels.</li><li>ii. Instead of focusing on the 65+ population, all variables focus on the 60+ population, drawing from multiple reliable data sources.</li><li>iii. Added population projections (2030-2050) of older Virginians.</li></ol></li></ol>	
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<ul style="list-style-type: none"><li>• You can access these data products on the <a href="#">Data on Aging in Virginia website</a>.</li><li>• <a href="#">Register for their Webinar</a>: Accessing Demographic Data on Aging in Virginia on March 21 from 1 -2 pm.</li></ul> <p>4. <b>The third short-term Continuing Resolution (CR)</b> to avoid a federal government shutdown was extended this month from March 8. The CR funds aging and disability programs at current levels through March 22, 2024.</p> <p>5. <b>March 26, 2024 Improving Nutrition &amp; Reducing Food Insecurity in Older Adults: Launching New Training Videos &amp; Website Resources.</b></p> <ol style="list-style-type: none"><li>a. The <b>Commonwealth Council on Aging, DARS, BES Studios and the Virginia Association of Area Agencies on Aging (V4A)</b> invite you to an <b>upcoming webinar on reducing malnutrition and food insecurity among older adults</b>.</li><li>b. In 2023, the Council received funding from the <b>Virginia Center on Aging's Geriatric Training and Education Program</b> to develop five microlearning training videos on older adult malnutrition and food insecurity and the programs available to target these needs.</li><li>c. During the webinar, presenters will:<ol style="list-style-type: none"><li>i. Provide background on older adult malnutrition and food insecurity needs in Virginia,</li><li>ii. Present the five new, innovative training videos</li><li>iii. Demonstrate how the aging services workforce and the public can access the new videos and accompanying materials which will be available through the <b>No Wrong Door's Training Platform and Virginia Easy Access webpage</b></li></ol></li><li>d. Celebrate Senior Nutrition Programs Month and <a href="#">register for the Webinar</a></li></ol> <p>6. <b>April 8, 2024 Convening with Tribes, and AAAs:</b> DARS is hosting an interactive meeting to 1) share information about state and local aging services and programs, 2) network with familiar faces and new colleagues, and 3) brainstorm ideas for potential opportunities to connect and partner.</p> <ol style="list-style-type: none"><li>a. The following Area Agencies on Aging (AAAs) have planning and service areas (PSAs) that overlap with tribal regions:</li></ol>	
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- i. PSA 15 served by Senior Connections and the Chickahominy Tribe,
- ii. PSA 6 served by Valley Program for Aging Services and PSA 11 Central Virginia Alliance for Community Living and the Monacan Nation

- b. Here are the details:

<b>What</b>	Title III & Title VI Spring Convening
<b>When</b>	Monday, April 8, 2024 10:00 AM to 3:00 PM
<b>Where</b>	Virginia Department for Aging and Rehabilitative Services Central Office 8004 Franklin Farms Drive Henrico, VA 23229

## 7. Legislation & Budget Items:

- a. In addition to the dementia related bills and budget items that Josh Myers will cover later, DARS has been closely following legislation related to:
  - i. The Freedom of Information Act or **FOIA public meeting requirements and permissions**
  - ii. **Guardianship and conservatorship** (public and private)
  - iii. **Financial exploitation and APS**
  - iv. **Brain injury & independent living services**
  - v. **And staffing for the Commonwealth Council on Aging**

## 8. DARS and DBHDS Collaborations

- a. DARS staff and DBHDS staff have been meeting to collaborate on ways to **expand access and increase awareness** around **dementia and mental health training** for the Area Agencies on Aging.
- b. George Worthington, Charlotte Arbogast and Nick Slentz, **our new Assistant Director of Aging Programs**, have been enjoying this open and collaborative dialogue with **Annette Clark, who represents DBHDS** on this board, as well as her colleagues.

<p>c. This collaboration led to <b>survey of the AAAs about current staff and volunteer training needs and interests for dementia and mental health.</b></p> <p>d. Following that survey, <b>DARS has been able to connect the AAA Directors with the DBHDS Mental Health First Aid Coordinator who has offered to help connect the AAAs with the appropriate Community Services Board (CSB) in their area to receive the Mental Health First Aid Training.</b> This training includes an Adult version or an Older Adult version, and depending on the version, is available in person and/or online.</p> <p>e. DARS will be following up in a few weeks to see how that engagement is going.</p> <p>f. The results from the survey related to dementia have been useful to George Worthington as he continues to build out the aging network's dementia capability.</p>	
<p><b>Dementia Services Coordinator Report</b>  <b>December 12, 2023 to March 10, 2024</b></p> <p><b>1. Outreach and Education</b></p> <p><i>Attended:</i></p> <p>Numerous webinars including:</p> <ul style="list-style-type: none"> <li>• National Alzheimer's Disease Resource Center <ul style="list-style-type: none"> <li>◦ Public Health and Dementia Caregiving (Dec 13)</li> <li>◦ Strengthening the Dementia Capable Workforce (Jan 16)</li> </ul> </li> <li>• USAgainst Alzheimer's Brain Health Academy (Dec 12)</li> <li>• GUIDE Model for Dementia Care: What AAAs Need to Know (Jan 10)</li> <li>• BOLD Public Health Center of Excellence for Early Detection and Diagnosis—(Jan 31, Feb 12)</li> <li>• Healthy Brain Virginia: Virginia Memory Project (March 6)</li> </ul> <p>Dementia Man: An Existential Journey—one-man play written and performed by Samuel Simon. Insight Memory Care Center, Fairfax (Jan 31)</p> <p><i>Conferences:</i></p> <ul style="list-style-type: none"> <li>• HFC Care Con (Feb 14)</li> </ul> <p><i>Presented:</i></p> <ul style="list-style-type: none"> <li>• Westminster Canterbury of the Blue Ridge: Dementia Series (5 monthly presentations): Dec 13, Jan 10, Feb 14).</li> <li>• Cedarfields—Brain Health and Dementia Risk Reduction presentation (74 attendees, Jan 15)</li> <li>• Ruckersville Four Seasons—Alzheimer's disease basics (35 attendees, Jan 24).</li> <li>• No Wrong Door Data Ambassadors monthly call—Dementia Resources (12 attendees, Feb 7)</li> <li>• Aging Together Lunch and Learn—Brain Health and Dementia Risk Reduction (35 attendees, Jan 13)</li> <li>• Charlottesville Area Alliance—Dementia Resources (4 attendees, Feb 22)</li> </ul> <p><i>Dementia State Plan presentations:</i></p>	<p><b>George Worthington, DARS Dementia Services Coordinator</b></p>

<ul style="list-style-type: none"> <li>• Carillion Clinic Cognitive Care Communications Steering Committee (Jan 11)</li> <li>• Virginia Association of Area Agencies on Aging (V4A, Jan 16)</li> <li>• Commonwealth Council on Aging (Jan 17)</li> <li>• Virginia Caregiver Coalition (Jan 18)</li> <li>• Westminster Canterbury of the Blue Ridge (Feb 14)</li> <li>• Virginia Governor's Conference on Aging webinar (with Lana Sargent, 68 attendees, Feb 27)</li> <li>• Hanover Council on Aging (Mar 11)</li> </ul> <p><i>Training</i></p> <ul style="list-style-type: none"> <li>• Dementia Capability training for JABA adult day and congregate meals staff (Dec 27).</li> <li>• Collaborating with Dr. Paul Aravich, VPM, DBHDS on microlearning compassionate care modules</li> <li>• Dementia Friends Champion training session (Dec 12)</li> </ul> <p><i>Upcoming</i></p> <ul style="list-style-type: none"> <li>• Cedarfields: Dementia Friends Information Session (March 12)</li> <li>• Senior Connections: Dementia Friends Information Session (March 20)</li> <li>• Virginia State Police Academy: Dementia Awareness Training (March 20)</li> <li>• Dementia Friendly Madison launch (March 21)</li> <li>• Aging Together: Dementia Friends Information Session (April 9)</li> <li>• NOVA LLI: Dementia 101 (April-May, 3 90-minute sessions)</li> <li>• Dementia Friends Champion Training (April 16)</li> </ul> <p><b>2. Data</b></p> <ul style="list-style-type: none"> <li>• CMS Medicare Beneficiary Chronic Conditions data—updated for 2018 (data available to 2018)</li> <li>• BRFSS Cognitive Decline and Caregiver modules—Caregiving module (2022), Cognitive Decline (2022)—awaiting results</li> </ul> <p>Virginia Memory Project—providing data to <a href="https://maps.healthlandscape.org/Virginia/">https://maps.healthlandscape.org/Virginia/</a></p> <p><b>3. Collaboration and Partnerships</b></p> <p><i>Virginia</i></p> <ul style="list-style-type: none"> <li>• <b>Virginia Dementia Care Coordination Roundtable</b>—met on Jan 29. Learned that there was another similar group convened by Alzheimer's Association to help systems apply for the GUIDE model offered by CMS. I spoke with the convener and we canvassed both groups. Moving forward we will combine forces with the next meeting expected in April.</li> <li>• Virginia Caregiver Coalition: <i>meetings Jan 18. Executive Committee meeting (Dec 19, Feb 27).</i></li> <li>• Virginia Brain Injury Council: Jan 26. <i>Brain Injury State Plan Committee (Jan 12).</i></li> <li>• AARP Age Friendly State Meeting</li> <li>• Richmond Brain Health Initiative (ongoing).</li> <li>• Department for Behavioral Health and Developmental Services (ongoing).</li> <li>• Commonwealth Council on Aging (January 17)</li> <li>• Virginia Department of Health/Healthy Brain Virginia (BOLD) (March 14)</li> <li>• Advisory Committee on Health Disparities and Health Equity (VDH)—January 9</li> </ul>	
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- Dementia Messaging in Virginia (VCU and partners; *quarterly*)
- Dementia Friendly Virginia:
  - *Quarterly virtual Dementia Friends Champion trainings*
- Dementia Friendly Central Virginia (DFCV): *bimonthly meetings*
  - Charlottesville Area Alliance (spearheading Age-Friendly/Livable Community initiative)
  - Charlottesville TRIAD
- Piedmont Dementia Education Committee (ongoing when able)

*National/Interstate*

- **State Unit on Aging Dementia Coordinators** (monthly—inaugural call Feb 12). Convened by ACL regional administrators. Every month with Region III (DC, DE, MD, PA—no one in the role, VA, WV); every other month also includes Region IV (AL, FL, GA, KY, MS, NC, SC, TN).
- District of Columbia Brain Health Initiative (ongoing when able)
- Advisory Council on Alzheimer's Research, Care and Services (National Plan; Jan 22)
- RAISE Family Caregiver Council:
- State Dementia Coordinators (quarterly, informal grouping mixing State Unit on Aging and State Public Health Agency roles)

#### 4. Grant Writing and Administration

**CDC BOLD Public Health Programs to Address Alzheimer's Disease and Related Dementias (ADRD)**

- Grant awarded to VDH for September 1, 2023. Five-year funding
- Project period is September 1, 2023 through August 31, 2028. Weekly meetings with the Brain Health Coordinator, quarterly partners meetings.
- VDH working with DARS, Alzheimer's Association, and other partners
- Three strategies related to the ADRD Commission (Maintain or expand ADRDC, educate ADRDC on ADRD topics, lead ADRDC to develop and track an implementation plan for the Dementia State Plan)
- Goal is to develop a strong public health approach to ADRD
  - Risk reduction
  - Early diagnosis
  - Using data for priority setting and action
  - Support for caregiving for persons with dementia, including addressing social determinants of health

**University of Minnesota/Johns Hopkins/University of North Carolina—National Dementia Care Coordination Research Center grant proposal (award by June 2024)**

- Met with Joe Gaugler (U Minn), Quincy Samus (Johns Hopkins), Sheryl Zimmerman (UNC) on Oct 10
- DARS/ADRDC/partners joint letter of support
- Grant team is joining the Dementia Care Coordination Roundtable meetings
- Virginia would be Year 1 spotlight state (\$200,000 for research, support of Roundtable, etc.)

#### 5. Tracking Policy

**General Assembly 2024**

- SB176: Removes neurocognitive disorders and neurodevelopmental disabilities from the definition of mental illness for the purposes of emergency custody

orders (ECOs) and temporary detention orders (TDOs) as of July 1, 2025; bill must be reauthorized in 2025 General Assembly. Also directs the Secretary of Health and Human Resources to convene a workgroup to “evaluate, identify and develop placements for individuals with neurocognitive disorders and neurodevelopmental disabilities specify any statutory or funding changes needed to prevent inappropriate placements for such individuals, as well as provide recommendations for training of magistrates and community services boards related to the implementation of the bill, and to report the findings and recommendations by November 1, 2024.” Workgroup required to include representatives of local community services boards, the Virginia Hospital and Healthcare Association, and the Office of the Executive Secretary of the Supreme Court of Virginia. Passed Senate 2/13/24, passed House 3/1/24.

- HB933: Alzheimer's disease and dementia training for dispatchers, firefighters, and emergency medical personnel. Requires certain agencies in the Commonwealth to develop curricula and provide training related to Alzheimer's disease and dementia to dispatchers employed by or in any local or state government agency, firefighters, and emergency medical services personnel. **This bill is a recommendation of the Virginia Alzheimer's Disease and Related Disorders Commission and the Commonwealth Council on Aging.** Passed House 2/8/24, passed Senate 2/26/24.
- HB1455: Establishes the Virginia Memory Project in the Virginia Center on Aging at Virginia Commonwealth University to collect and analyze data on Alzheimer's disease, related dementias, and other neurodegenerative diseases; provide assistance to individuals with Alzheimer's disease, related dementias, and other neurodegenerative diseases and their families and physicians; and assist in the development of relevant public policy. The bill provides that no publication of information shall be made that identifies any patient by name. The bill has a delayed effective date of January 1, 2025. Passed House 2/13/24, passed Senate 3/4/24.

Budget Amendments (Floor Approved, House)

315 #1h Dementia Plan of Care and Case Management (\$200,000 each year)  
(This amendment adds funding each year from the general fund to implement an interdisciplinary plan of care and dementia case management for 100 individuals diagnosed with dementia through a partnership between the Martha W. Goodson Center of Riverside Health Services and the Peninsula Agency on Aging. Language requires a report on the program by November 1 annually.)

319 #1h No Wrong Door Dementia Capability Project (\$100,000 each year)  
(This amendment provides \$100,000 each year from the general fund to the Department for Aging and Rehabilitative Services to implement the No Wrong Door Dementia Capability Project to improve the identification of people living with dementia, particularly those living alone. **This is a recommendation of the Virginia Alzheimer's Diseases and Related Disorders Commission.**)

- S.626/H.R. 1637: Comprehensive Care for Alzheimer's Act. Recommend that the Center for Medicare and Medicaid Innovation test the effect of a dementia care management model. Under the model, participating health care providers receive payment under Medicare for comprehensive care management services that are provided to individuals with diagnosed dementia, excluding Medicare Advantage enrollees, hospice care recipients, and nursing home residents. Required services include medication management, care coordination, and health, financial, and environmental monitoring, as well as trainings and other support services for unpaid caregivers. Providers must furnish services through interdisciplinary teams and must ensure access to a team member or primary care provider 24-7. The CMMI must set payments and determine quality measures for the model in accordance with specified requirements. The bill also allows the CMMI to design a similar model under Medicaid. S: Read twice and referred to Committee on Finance (3/2/23) HR: Referred to Subcommittee on Health (3/24/23)
- S.134/H.R. 620: Alzheimer's Accountability and Investment Act. This bill requires the National Institutes of Health to annually submit, beginning in FY2024, an estimate of its budget and personnel needs for carrying out initiatives pursuant to the National Alzheimer's Project directly to the President for review and transmittal to Congress. The Department of Health and Human Services and the Advisory Council on Alzheimer's Research, Care, and Services may comment on the budget estimate but may not change it. S: Reported out of committee without amendment (7/27/23). HR: Referred to the House Committee on Energy and Commerce (1/30/2023).
- S.133/H.R.619: NAPA Reauthorization Act. This bill extends through 2035 and makes other changes to the National Alzheimer's Project. This project supports coordination of federal planning, programs, and other efforts to address Alzheimer's disease and related dementias. In particular, the bill incorporates a focus on promoting healthy aging and reducing risk factors associated with cognitive decline. The bill also expands the Advisory Council on Alzheimer's Research, Care, and Services to include additional members, such as (1) a researcher with experience recruiting and retaining diverse clinical trial participants, (2) an individual diagnosed with Alzheimer's disease, and (3) representatives from additional federal agencies (e.g., the Department of Justice and the Office of Management and Budget). S: Reported out of committee with an amendment in the nature of a substitute; placed on legislative calendar under general orders (7/27/23). HR: Referred to the House Subcommittee on Health (2/10/2023).
- S.141/H.R.542: Elizabeth Dole Home Care Act: to improve certain programs of the Department of Veterans Affairs for home and community based services for veterans, and for other purposes. S: Committee on Veterans' Affairs. Ordered to be reported with an amendment in the nature of a substitute favorably (2/16/2023). H: Reported by the Committee on Veteran's Affairs 11/29/23; debated on 12/5/23 with further action postponed.
- S.10: VA Clinician Appreciation, Recruitment, Education, Expansion and Retention Support (CAREERS) Act. Committee on Veterans' Affairs. Ordered to be reported with an amendment in the nature of a substitute favorably (2/16/2023).

<ul style="list-style-type: none"> <li>• <u>S.2379/H.R. 4752 Concentrating on High-value Alzheimer's Needs to Get to an End (CHANGE) Act of 2023.</u> To amend title XVIII of the Social Security Act to provide for certain cognitive impairment detection in the Medicare annual wellness visit and initial preventive physical examination. S: Read twice and referred to Committee on Finance (7/19/23) H: Referred to Subcommittee on Health (7/21/23)</li> <li>• <u>H.R.5002 Innovative Cognitive Care for Veterans Act.</u> To direct the Secretary of Veterans Affairs to carry out a pilot program for the cognitive care of veterans. Referred to Subcommittee on Health (8/24/23).</li> </ul>	
<p><b>Virginia Department of Health BOLD Report</b>  Ms. Coney provided an overview of the BOLD report  Through the HBI Road Map, which encompasses four key domains, including reduction of cognitive decline and dementia caregiving support, the initiative aims to address Alzheimer's Disease and Related Dementias (ADRD) comprehensively.</p>	<b>Rachel Coney,  Brain Health  Coordinator</b>
<p><b>Strategy 5: Educate the General Public</b></p> <ol style="list-style-type: none"> <li>1. <b>HBV Website Enhancement:</b> The ADRD Commission is enhancing the HBV website to provide comprehensive resources tailored to individuals living with ADRD, caregivers, health professionals, faith communities, and the general public.</li> <li>2. <b>ADRD Messaging Group:</b> Through collaborative efforts, the ADRD Messaging Group ensures standardized messaging regarding ADRD and facilitates event sharing, fostering clarity and consistency in communication.</li> <li>3. <b>Strategic Partnerships:</b> Collaborations with diverse organizations and health units have significantly expanded the reach of ADRD messaging efforts, ensuring vital information reaches a broad audience and fosters interdisciplinary collaboration. Partner Meeting March 14 from 1-2pm</li> <li>4. <b>Community Collaborations:</b> Vital partnerships with key organizations and faith communities have been forged to expand resources and support networks, including the distribution of the VA roadmap and establishment of new faith community partnerships.</li> <li>5. <b>Saving Claire-</b> Falls prevention in older adults</li> </ol> <p><b>Strategy 6: Educate Providers and Professionals</b></p> <ol style="list-style-type: none"> <li>1. <b>Community Health Worker Training:</b> Completion of ADRD training for Community Health Workers (CHWs) across the Commonwealth, ensuring cultural competence and enhancing outreach effectiveness. Spanish version is currently being developed.</li> <li>2. <b>Professional Webinar:</b> Hosting informational webinars aimed at health professionals to increase awareness of ADRD, including the Virginia Memory Project, to improve early detection and comprehensive care.</li> <li>3. <b>Podcast-</b> in development</li> </ol> <p><b>Strategy 7: Data Utilization for Knowledge Improvement</b>  Implementing robust data collection methods to gather comprehensive information about ADRD, enabling insights into prevalence, risk factors, and</p>	

specific needs. Collaboration with stakeholders ensures data-driven approaches are integrated into practice and policy initiatives.

**Strategy 8: Enhancing Sustainability**

Through ADRD workgroups, strategic planning, resource allocation, partnership development, capacity building, and evaluation, HBV has significantly enhanced the sustainability of its efforts to address ADRD.

**Strategy 9: Community-Clinical Linkages**

Fostering robust partnerships among healthcare systems, public health agencies, and community-based organizations to facilitate seamless transitions between clinical care settings and community-based services. Training initiatives and data sharing enhance collaboration and improve access to care for individuals affected by ADRD.

**General Assembly Review**

Mr. Myers gave an update of the bills and budget items related to dementia in the 2024 General Assembly session. These included SB176, HB933, and HB1495, and two budget amendments [described above in these Minutes]. Mr. Myers answered questions about these items.

**Josh Myers**

**Working Lunch: ADRDC Alignment with BOLD/Healthy Brain Virginia**

Ms. Sargent, Mr. Worthington and Ms. Coney provided an overview of the Commission's alignment with the BOLD funded Healthy Brain Virginia project. The Centers for Disease Control and Prevention required nine strategies to be addressed by all applicants, and for Virginia, three of these specifically applied to the Commission and its workgroups.

See attached slides for the outline of the discussion.

Member feedback on the education program will be collated by Mr. Worthington and presented to the members in June.

There was discussion about how the strategies requiring legislative action and/or budget funding would be achieved and what sort of advocacy plan would be required.

**Lana Sargent  
Rachel Coney  
George  
Worthington**

**Workgroup Reports - Prioritization of Strategies**

*Action item: Approve initial prioritization of Dementia State Plan strategies*

Workgroup chairs reviewed the slides (attached) and explained the process of prioritizing the 110 strategies in the Dementia State Plan into short (1 year or less), medium (within the four-year Plan period), and long-term (only incremental achievement likely during the Plan period), and high-priority strategies. After members reviewed the slides and had questions answered, Kim Kutner made a motion to approve the initial prioritization of the Dementia State Plan strategies. This was seconded by Ishan Williams, and there was no further discussion. Members

**Ishan Williams  
Lana Sargent  
Kim Kutner  
Karen Garner**

unanimously voted to approve the initial prioritization of the strategies. Workgroups will now be tasked with selecting strategies for inclusion in the Implementation Plan to be attached to the Dementia State Plan and which is a BOLD grant deliverable. They will also be asked to come up with draft measures for these strategies (measures that demonstrate the achievement of the strategy), and will report back in June. The draft implementation plan will then be worked on by staff at the Virginia Department for Health and reviewed by the Dementia State Plan workgroup before being approved by the Commission, penciled in for the September meeting.

**2024 Meeting Calendar****June 11****September 17****December 10****Lana Sargent****New Business**

There was no new business.

**Lana Sargent****Public Comment Period**

Mr. Garland Alvey, a self-styled 'dadvocate,' spoke about his 8 year old daughter who has a rare genetic disorder that causes dementia. Mr. Avery thanked the commission for the work they are doing and for including strategies and information about childhood dementias. He noted that his daughter is currently taking medicines that have helped her significantly. Members thanked Mr. Alvey for his comments.

**Lana Sargent****Adjournment**

Chair Sargent adjourned the meeting at 1:05 p.m.

**Lana Sargent**