



## **Alzheimer's Disease and Related Disorders Commission Brain Health Work Group**

Thursday, February 15, 2024  
12:30 pm- 2:00 pm

Electronic Meeting

### **Meeting Minutes**

#### **Members Present:**

Annette Clark  
Rachel Coney  
Jessica Fredericksen  
Patricia Heyn  
Guy Mayer  
Melicent Miller  
Lindsey Vajpeyi

#### **Staff:**

George Worthington, DARS

#### **Welcome & Introductions**

Karen Garner was unable to attend the meeting, so Mr. Worthington acted as chair in her place. Mr Worthington called the meeting to order and workgroup members and staff introduced themselves.

Karen Garner,  
*Chair*

#### **Adopt Agenda**

*Action Item:* Adopt Agenda

Annette Clark made a motion to adopt the agenda as presented. Melicent Miller seconded the motion, and the agenda was adopted by unanimous vote.

Karen Garner

#### **Review and Approve Minutes of November 14, 2023, Meeting**

There were no changes to the minutes, and they were adopted as presented.

Karen Garner

#### **Public Comment**

No public comment was received, and no members of the public were in attendance.

Karen Garner

#### **Prioritization of Dementia State Plan Draft Goal 6 (Brain Health and Dementia Risk Reduction) Strategies**

The group worked on prioritizing strategies under Goal 6 of the Dementia State Plan into short, medium and long-term, and high priority. Short-term strategies are those that are ongoing or can be achieved within one year; medium-term strategies are those that can be achieved within the four-year

George  
Worthington

Plan period, and long-term are those that are unlikely to be achieved within four years, but for which incremental efforts can be made. High priority strategies are those of any term that are considered especially important to work on. The prioritization effort is the first step of developing the implementation plan that is a required component of the BOLD Healthy Brain Virginia project. The group worked on all of the strategies under the three objectives of Goal 6. Mr Worthington made notes on possible implementation methods and will follow up with the group on the next steps, which will be to work on measures for the implementation plan once the prioritizations are approved by the Alzheimer's Disease and Related Disorders Commission in March.

**Discussion: Workgroup Activity 2024**

Due to a lack of time, this item was deferred until the next meeting.

George  
Worthington

**Meeting Adjournment**

Mr. Worthington thanked members for their input and adjourned the meeting at 12:35pm.

Karen Garner