

Alzheimer's Disease and Related Disorders Commission
Department for Aging and Rehabilitative Services
8004 Franklin Farm Drive, Henrico VA 23229
September 19, 2023
MEETING MINUTES

Members Present

Lana Sargent, Chair
Laura Bowser
Karen Darner
Karen Garner
Kim Kutner, Vice-Chair
Destiny LeVere Bolling
Carol Manning
Margie Shaver
Ishan Williams

ExOfficio

Kathryn Hayfield, DARS
Jason Rachel, DMAS
Tara Ragland, DSS
Karen Shelton, VDH

Members Participating Electronically

Travonia Brown-Hughes

Pamela Teaster

Guests

Rachael Coney, VDH
Annette Clark, DBHDS
Guy Mayer
Melicent Miller, VDH
Josh Myers, Alzheimer's Association
Bahar Niknejad, EVMS
Hamid Okhravi, EVMS
Faika Zanjani, VCU

Staff

Marcia DuBois, Deputy Commissioner,
Division for Community Living
George Worthington, Dementia Services
Coordinator
Kathy Miller, Director of Aging Programs.
Cecily Slasor, Administrative Support
John Carpenter, Director of Admin.
Madeline Burnham, Aging Specialist
Charlotte Arbogast, Sr. Policy Analyst

| Agenda Items | Speaker |
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| Welcome and Introductions of Members and Guests Chair Lana Sargent opened the meeting at 10:05 a.m. Ms. Sargent noted that two members had requested to participate electronically under Permission 4 (residence more than 60 miles from meeting location): Travonia Brown-Hughes from Hampton, VA Pamela Teater from Blacksburg, VA. There was no objection to the members participating electronically. | Chair Lana Sargent |

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| Chair Sargent welcomed members and guests and asked them to introduce themselves. Following introductions, Ms. Sargent reviewed the powers and duties of the Commission. | |
| Review and Adopt Meeting Agenda <i>Action Item: Approve Agenda</i> Chair Sargent asked whether there were any changes to the agenda. Karen Darner moved to approve agenda and Laura Bowser seconded the motion. The agenda was adopted as presented with no objections. | Chair Lana Sargent |
| Review and Approval of June Meeting Minutes <i>Action: Adopt Minutes</i> There were no comments or edits proposed for the June meeting minutes so Chair Sargent declared the minutes adopted as presented. | Chair Lana Sargent |
| Public Comment Period There were no public comments. | Chair Lana Sargent |
| Division for Community Living Report Marcia DuBois, Deputy Commissioner <ul style="list-style-type: none"> • <u>Malnutrition Awareness Week</u> – <ul style="list-style-type: none"> ○ September 18-22, 2023 ○ Facts: <ul style="list-style-type: none"> ▪ 9.4 Million Adults Ages 50 and Older Faced Food Insecurity in 2021 ▪ These are some data points from our 2022 needs assessment survey that might be good in messaging: <ul style="list-style-type: none"> • In 2022, almost 1 in 5 (18%) of Virginians 60+ reported having trouble having enough food to eat • In 2022, 45% of Virginians 60+ reported having trouble maintaining a healthy diet • In 2022, almost half (47%) of Virginians 60+ reported the availability of affordable quality food as fair or poor ○ DARS is doing a lot of messaging around this on our social media – please like our posts and share them with others! ○ Food insecurity and malnutrition are important concerns for older adults these days ○ Please encourage older adults to take advantage of all of the food programs that may be available to them, including SNAP, home delivered meals, congregate meals, Virginia | Marcia DuBois |

Farm Market Fresh (or the Senior Farmers Market Nutrition Program)

- New State Plan for Aging Services was submitted to the federal Administration for Community Living (ACL) for their review and hopeful approval
 - Some minor changes were made in response to the public comments DARS received in April and May
 - The plan received SHHR Littel and Governor Youngkin's approval
 - Is set to take effect on October 1, 2023
- Year 2 updated budget...
 - State government operating off the Year 2 budget that was passed/signed into law in 2022.
 - House and Senate finally reached an agreement on the budget, which includes amendments to the Year 2 budget that agencies have been operating under.
 - These include:
 - \$700,000 for supplemental AAA funding
 - Increase in the Auxiliary Grant rate
 - Increases the Auxiliary Grant rate to \$2,055 a month on January 1, 2024, which supports low-income Virginians in assisted living facilities. \$2,363 in No Va [15% more than the rest of the state]
 - 5% rate increase for Medicaid Personal Care and Respite Care Rates
 - The governor signed last week
 - The budget does not include funding for the CCOA Executive Director position
- Next Biennial Budget – Process has gotten underway
 - Governor's first full budget will come out this December
- New Division for Aging Services has been established
 - Hiring for the new Deputy Commissioner for Aging Services is in progress
 - Website updates are the in works
- Older Americans Act (OAA) Proposed Regulations – issued by ACL
 - In mid-June, the Administration for Community Living (ACL) issued a Notice of Proposed Rulemaking which

solicits comments on proposed regulations for the Older Americans Act.

- Current regulations have been in place and not substantively revised since they were first issued in 1988.
- Updated regulations were welcomed by many groups, but the devil is in the details.
- DARS staff is currently reviewing the proposed regulations to determine benefits and challenges for the agency, Virginia's aging network, and our older adults constituents.
- This also comes into play as DARS is still working and hoping to update the agency's Area Agency on Aging regulations. It is likely that that work will need to be adjusted to consider the likely forthcoming final rules from ACL in early 2024.

- Adult Protective Services Proposed Regulations – Forthcoming from ACL

- This would be the first time that there will be federal regulations in place for APS, which has historically been funded and established/overseen at the state level
- New federal funding was issued for state APS systems and so this is the federal government's entry into setting some minimal APS standards for states

- DARS Grants –

- HUD Older Adult Home Modification Program
- Lifespan Respite Grant Enhancement Supplement (\$211,000)
- GrandDriver – Oct. 1 (\$671,884)
- New MIPPA Medicare Improvements for Patients and Providers Act - \$710,000

- New DARS Staff

- Laura Koch – Public Guardianship Coordinator
- Frank DaGaetani – Legal Services Developer
- Matthew Wasikiewicz - Farm Market Fresh Coordinator
- Cassidy Morton - Public Relations and Marketing Specialist

- New Virginia Housing Home Modification Grant Program for Homeowners

- **Not launched yet but coming soon – will help get the word out**
- Grants will be for up to \$8000
- Target is Low Income Seniors over 65

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| <ul style="list-style-type: none"> ○ And 80% average monthly income or less ○ Applicants under 65 must provide proof of need ○ Applicants must own home | |
| <p>Alzheimer's Treatments: Developments and Implications</p> <p>Dr. Hamid Okhravi provided a presentation on Alzheimer's disease focused on the newly approved treatments and others currently being researched.</p> <p>Dr. Okhravi focused on 3 medications approved or expected to be approved by the Food and Drug Administration</p> <ul style="list-style-type: none"> ➤ Aducanumab – FDA approved 2022 ➤ Lecanemab – FDA approved 2023 ➤ Donanemab – expected to be approved in 2024 <p>Clinical trail involved 1,182 patients</p> <p>Dr. Okhravi then provided an overview of the Glennan Center's memory clinic including the evaluation, diagnostic tools, treatment options and other services.</p> <p>Ms. Garner commented on her husband's experience with younger onset Alzheimer's disease and his participation in a trial. He was the first patient to receive a spinal tap at Riverside Health. She is encouraged by the talk of a vaccine but feels age 40 is too late, as her husband developed Alzheimer's in his 30s.</p> <p>Dr. Okhravi feels that we may possibly see more effective treatments approximating cures in ten years' time, but noted that developments are moving quickly.</p> <p>Members had several questions for Dr. Okhravi, and there was a spirited discussion about the effectiveness, availability and impact of the new treatments given their potentially serious side effects, high cost, and requirements for ancillary services such as regular MRIs.</p> | <p>Dr. Hamid Okhravi, Eastern Virginia Medical School</p> |
| <p>Dementia Services Coordinator Report</p> <p>1. Outreach and Education</p> <p>Attended:</p> <p>Numerous webinars including:</p> <ul style="list-style-type: none"> • National Alzheimer's Disease Resource Center ○ It's a journey: Building age and dementia-friendly systems (June 20) • New ICD-10-CM Dementia Codes for Agitation in Alzheimer's (June 21) • Evolution of Care Needs (Jul 13) | <p>George Worthington, DARS Dementia Services Coordinator</p> |

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| <ul style="list-style-type: none"> • BRI Webinar – Bridging Conversations Between IDD and Dementia (July 25) • Primary Care Collaborative webinar – Good intentions aren’t enough (July 25) • Charting the Course to Better Brain Health (Healthy Brain Initiative, July 26) • GUIDE Model Overview (CMS; Aug 10) • Promising Practices for Utilizing Motivational Interviewing to Improve Care Coordination (Aug 17) <p>Conferences:</p> <ul style="list-style-type: none"> • Dementia Risk Reduction Summit (BOLD Public Health Center of Excellence; May 16/17 – watched recording) <p>Upcoming</p> <ul style="list-style-type: none"> • National Dementia Services Coordinator Conference – Washington DC, Oct 3-4 <p>Presented:</p> <ul style="list-style-type: none"> • Prince William County Commission on Aging (June 27) • Commonwealth Council on Aging (June 29) • LLI Chesterfield Dementia 101 (Sep 14-Oct 5, four 60-min sessions) • OLLI Charlottesville Dementia 101 (Sep 13-Oct 11, four 60-min session) • The Center, Charlottesville (community presentation: Brain Health and Dementia Risk Reduction (Sep 18) <p>Training</p> <ul style="list-style-type: none"> • Long-term care dementia capability training (Aug 22/23) – 50 participants • Virginia State Police Academy Training (Sept 11) – 39 participants <p>Upcoming</p> <ul style="list-style-type: none"> • Dementia Friends Champion training session (Oct) <p>Consumer Calls (SFY- year ending June 30)</p> <p>SFY2021- 77 SFY23 Q1- 39 Q2- 36 Q3 - 37 Q4- 28</p> <p>SFY2022- 177 SFY24 Q1- 28 (through Sep 11)</p> <p>SFY2023- 140</p> <p>2. Data</p> <ul style="list-style-type: none"> • CMS Medicare Beneficiary Chronic Conditions data – updated for 2018 (data available to 2018) | |
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- BRFSS Cognitive Decline and Caregiver modules – Caregiving module (2022), Cognitive Decline (2022) – awaiting results

3. Collaboration and Partnerships

Virginia

- Virginia Caregiver Coalition: meetings July 20. Executive Committee meeting (Aug 15).
- Virginia Brain Injury Council: July 28 (absent).
- AARP Age Friendly State Meeting
- Richmond Brain Health Initiative (ongoing).
- Department for Behavioral Health and Developmental Services (ongoing).
- Commonwealth Council on Aging (June 29)
- Healthy Brain Virginia (BOLD) (Sep 22)
- Virginia Department of Health: Collaboration with Partners in Prayer and Prevention (P3); are including messaging on brain health and offer brain health and Dementia Friends training/information sessions to faith-based communities. This collaboration is an integral part of the BOLD Act Grant project.
- Advisory Committee on Health Disparities and Health Equity (VDH) – June 11
- Dementia Messaging in Virginia (VCU and partners; June 12)
- Dementia Friendly Virginia: o Quarterly virtual Dementia Friends Champion trainings
- Dementia Friendly Central Virginia (DFCV): bimonthly meetings
 - o Charlottesville Area Alliance (spearheading Age-Friendly/Livable Community initiative)
 - o Charlottesville TRIAD
- Library of Virginia (met May 30) – discussed training and resources that could be made available to library staff across Virginia
- ARDRAF – member of 2023 review panel (met June 14)
- Piedmont Dementia Education Committee (ongoing when able)

National/Interstate

- District of Columbia Brain Health Initiative (ongoing when able)
- Advisory Council on Alzheimer’s Research, Care and Services (National Plan; July 31)
- RAISE Family Caregiver Council:
- State Dementia Coordinators

4. Grant Writing and Administration

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| <p>CDC BOLD Public Health Programs to Address Alzheimer’s Disease and Related Dementias (ARD)D)</p> <ul style="list-style-type: none"> • Grant awarded to VDH for September 1, 2023. Five-year funding • Project period is September 1, 2023 through August 31, 2028. Monthly meetings with VDH and Alzheimer’s Association. • VDH working with DARS, Alzheimer’s Association, and other partners • Goal is to develop a strong public health approach to ARD <ul style="list-style-type: none"> o Risk reduction o Early diagnosis o Using data for priority setting and action o Support for caregiving for persons with dementia, including addressing social determinants of health <p>GTE Grant Virginia Dementia Capable Summit (awarded Nov 15)</p> <ul style="list-style-type: none"> • \$12,500 awarded to support the Summit. • Final report due September 30, 2023 <p>5. Tracking Policy</p> <p>General Assembly 2023</p> <ul style="list-style-type: none"> • SB952: Modifies composition of the ARD Commission to include Commissioners of Department for Aging and Rehabilitative Services (DARS), Department of Social Services (DSS), Department for Behavioral Health and Developmental Services (DBHDS), and the Director of the Department for Medical Assistance Services (DMAS), or their designees, and extends the sunset of the ARDC to June 30, 2026. Passed House and Senate. Governor’s action deadline March 27. • HB2250: Requires the Department of Criminal Justice Services, under the direction of the Board, to establish training standards and establish a model policy for the identification of, communication with, and facilitation of the safe return of individuals diagnosed with dementia by law-enforcement personnel. Under current law, such training standards and model policies are focused solely on individuals diagnosed with Alzheimer’s disease. (March 7, enrolled in House, passed in Senate Feb 22). • HJ544 Study: Joint Commission on Health Care, ARDC: Treatment of Alzheimer’s disease. Left in House Rules committee. | |
| <p>Annual Report of the Commission</p> <p><i>Action Item: Approve Annual Report of the Commission</i></p> <p>A letter from the commission Chair will accompany the report when distributed.</p> <p>Commission recommendations for the 2024 General Assembly:</p> <ul style="list-style-type: none"> ➤ Expand Dementia Care Management to underserved areas of Virginia ➤ Dementia Services Budget Increase | <p>George Worthington</p> |

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| <ul style="list-style-type: none"> ➤ Support Dementia Capable Training for First Responders ➤ A Dementia Capable No Wrong Door <p>There was discussion about the recommendations and a consensus that the report was well constructed.</p> <p>A motion to approve the annual report was made by Karen Darner and seconded by Kim Kutner. There were no objections and the motion was passed.</p> | |
| <p>Working Lunch: BOLD Grant Project – The next five years Overview of Healthy Brain Virginia Program 2020-2023</p> <p>Melicent Miller and Rachel Coney provided an overview of the BOLD grant activities during the first three-year funding cycle that ends in September 2023, and talked about the plans for the next five-year cycle that was funded in August. The BOLD grants are overseen by the Centers for Disease Control and Prevention (CDC), and VDH has worked with multiple partners including DARS, Valley Program for Aging Services (VPAS), Insight Memory Care Center (IMCC), and Virginia Commonwealth University (VCU).</p> <p>The presenters described the updated version of the Brain Health Virginia web page maintained by VDH in collaboration with DARS.</p> <p>VDH was responsible for the design and dissemination of the Virginia Dementia Roadmap that was revised and adapted for Virginia by the ADRDC's Coordinated Care workgroup. An additional resource for families that the project has supported is the SHARE for Dementia program.</p> | <p>Melicent Miller, VDH Rachel Coney, VDH</p> |
| <p>Workgroup and Committee Structure</p> <p>Chair Sargent thanked members who have joined workgroups. Currently need a Chair for the Brain Health and the Data & Research workgroups. Members can email George Worthington.</p> | <p>Lana Sargent, George Worthington</p> |
| <p>Dementia State Plan Workgroup Public Comment and Feedback</p> <p>The workgroup met the end of June and reviewed the draft goals, objectives and strategies that members have a copy of.</p> <p>Margie Shaver commented on the state plan and public comment received during the August 1-31 public comment period.</p> <p>Mr. Worthington reviewed some of the public comments on the plan. Going forward, the workgroup felt that the Plan's publication should be delayed until January 1 in order to have sufficient time to incorporate the public comments received and to finalize the draft Plan for the</p> | <p>Margie Shaver</p> |

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| Commission's approval in December. Members of the Commission agreed that this was a sensible Plan and would enable them to have plenty of time to review and approve the Plan at the December meeting. | |
| 2024 Meeting Calendar Chair Sargent asked for a motion to approve the 2024 meeting calendar. Carol Manning made a motion to approve and Karen Darner seconded the motion. The motion was passed with no objections. Tuesday, March 12 Tuesday, June 11 Tuesday, September 17 Tuesday, December 10 | George Worthington |
| Future Meeting Dates December 12, 2023 | Lana Sargent |
| New Business There was no new business. | Lana Sargent |
| Public Comment Period There were no public comments. | Lana Sargent |
| Adjournment Chair Sargent adjourned the meeting at 12:56 p.m. | Lana Sargent |