

**Alzheimer's Disease and Related Disorders Commission**  
**Department for Aging and Rehabilitative Services**  
**ELECTRONIC MEETING**  
**June 13, 2023**  
**MEETING MINUTES**

**Members Present**

Laura Bowser, Chair  
 Travonia Brown-Hughes  
 Vanessa Crawford  
 Karen Darner  
 Karen Garner  
 Rick Jackson  
 Kim Kutner  
 Destinee Levere Bolling  
 Carol Manning  
 Margie Shaver

**Members Absent**

Lana Sargent  
 Pamela Teaster  
 Ishan Williams

**Guests**

Annette Clark, DBHDS

Joshua Myers, Alzheimer's Association  
 Lissa Greenlee, Alzheimer's Association  
 Rachel Coney, VDH  
 Faika Zanjani, VCU  
 Ashley Staton, VCU

**Staff**

Marcia DuBois, Deputy Commissioner,  
 Division for Community Living  
 George Worthington, Dementia Services  
 Coordinator  
 Kathy Miller, Director of Aging Programs  
 John Carpenter, Director of  
 Administration  
 Cecily Slasor, Administrative Support  
 Catherine Harrison, Policy & Legislative  
 Charlotte Arbogast, Senior Policy Analyst

<b>Agenda Items</b>	<b>Speaker</b>
<b>Welcome and Introductions of Members and Guests</b> Chair Laura Bowser opened the meeting at 10:03 a.m. Chair Bowser welcomed members and asked them to introduce themselves. Chair Bowser reviewed the purpose of the commission.	<b>Laura Bowser, Chair</b>
<b>Review and Adopt Meeting Agenda</b> <i>Action Item:</i> Approve Agenda Ms. Bowser asked whether there were any changes to the agenda. Chair Bowser proposed swapping the Commission Workgroups and Nominating Committee items as the newly elected chair will need to appoint the new Workgroup chairs.	<b>Laura Bowser, Chair</b>

<p>Vanessa Crawford moved to approve the agenda as amended and Rick Jackson seconded the motion. The agenda was unanimously approved as amended.</p>	
<p><b>Review and Approval of March 14 Minutes</b>  <b>Action: Adopt Minutes</b>          There were no comments or edits proposed for the March 14 meeting minutes. Ms. Bowser adopted the minutes as presented.</p>	<p><b>Laura Bowser, Chair</b></p>
<p><b>Public Comment Period</b>          There were no public comments.</p>	<p><b>Laura Bowser</b></p>
<p><b>Division for Community Living Report</b></p> <p><b><u>2023 Governor's Conference on Aging</u></b>          The conference and the Dementia Summit were great events and well received.          Many thanks for all of your efforts on the Summit!</p> <p><b><u>New Division for Aging Services:</u></b>          We are excited to announce that effective July 1, the current Division for Community Living will split into two divisions, adding a new Division for Aging Services. With this change, we remain ONE DARS with the same mission, while bringing new visibility and access to our statewide work of supporting Older Virginians. We are making these changes with strong support from John Littel, our Secretary of Health and Human Resources. This new Division benefits from the relationships within the current Division for Community Living and will continue to do so. I will continue as Deputy Commissioner for the Division for Community Living. Of course, I will also support the new leadership to ensure a smooth transition. Going forward, the Division for Community Living will support the following program areas:</p> <ul style="list-style-type: none"> <li>o Centers for Independent Living</li> <li>o Public Guardianship Program</li> <li>o Statewide Independent Living Council</li> <li>o Commonwealth Neurotrauma Initiative</li> <li>o Brain Injury services coordination</li> <li>o Personal Assistance Services</li> <li>o Long Term Rehabilitation Case Management program</li> <li>o Auxiliary Grant Program (moving from the Adult Protective Services Division)</li> </ul> <p>With creation of a new Division for Aging Services comes a renewed commitment to Older Virginians – elevating our efforts to better support</p>	<p><b>Marcia DuBois</b></p>

Virginians across the life course and for improving quality of life in the community of our choosing.

Establishing a Division for Aging Services shows our commitment to providing essential oversight and support to services across the statewide network of Area Agencies on Aging. Additionally, DARS will hire a new Deputy Commissioner for the Division for Aging Services who embraces person centered thinking and has a solid background in aging services/gerontology to ensure for a successful and strong renewed Division that will continue to marry all the outstanding work that the agency leads statewide in coordination with the network of AAAs.

The new Division for Aging Services will support the OAA programs and other aging-specific programs, including:

- o Food/nutrition, congregate meals
- o Dementia services coordination
- o VICAP
- o Legal Services
- o Virginia GrandDriver
- o Lifespan Respite
- o Falls prevention / CDSME
- o No Wrong Door- as Area Agencies on Aging are the local leads- for information, referral assistance, person centered practices and Options Counseling

□ w/ the diverse network of regional to statewide partner including Centers for Independent Living, Brain Injury service providers, LDSS, and critical home and community-based service providers

□ This will continue to be the glue that keeps the Divisions across our state agency operating in sync and synergistically with Access Tools, resources and information for individuals seeking home and community-based supports.

### **Nutrition**

Last Month, Madeline Moravitz, Aging Services Specialist, traveled to Virginia State University's Randolph Farm to meet with the Small Farm Outreach Program (SFOP) Staff regarding the Senior and WIC Farmers' Market Nutrition Program (S/FMNP) expansion. Madeline Moravitz gave a program overview to further familiarize the VSU Small Farm Outreach Program staff with the expectations of the SFOP for the S/FMNP Expansion. The Small Farm Outreach Program staff partnered with DARS to do on-site farm inspections of farmer applicants to verify eligibility for the S/FMNP and help educate farmers on the program. The SFOP's purpose of the program is to support minority, veteran, or otherwise disadvantaged farmers in building their agriculture businesses. Representatives were present from across the state, including some who

<p>primarily support the Spanish and Latino farmers. Mr. Leonel Castillo supported the S/FMNP by translating the Farmer Application and Agreement documents into Spanish. He offered to assist in translation of other documents as needed, and in supporting Spanish-speaking farmers who participate in the S/FMNP. Representatives were present from areas in which the S/FMNP Expansion efforts are particularly focused, such as areas in Central Virginia (Petersburg, Charlottesville, Fredericksburg, Richmond, Roanoke and Culpeper).</p>	
<p><b>Dementia Services Coordinator Report (Handout)</b></p> <p><i>Period: March 15, 2023 - June 13, 2023</i></p> <div data-bbox="159 701 1208 1898" style="border: 1px solid black; padding: 10px;"> <p><b>1. Outreach and Education</b>  <i>Attended:</i>            Numerous webinars including:</p> <ul style="list-style-type: none"> <li>• National Alzheimer’s Disease Resource Center               <ul style="list-style-type: none"> <li>◦ Value of State Dementia Registries (June 12)</li> </ul> </li> <li>• NCOA Public Policy Positions and the 118<sup>th</sup> Congress (Mar 15)</li> <li>• Beyond Memory Loss (Mar 11)</li> <li>• Update on the Recent FDA-Approved Medications (EVMS) (May 24)</li> <li>• Tips and Best Practices for Helping People Living with Dementia Stay Socially Engaged (June 7)</li> </ul> <p><i>Conferences:</i></p> <ul style="list-style-type: none"> <li>• Southern Gerontological Society (April 12)</li> <li>• Virginia Governor’s Conference on Aging (May 8-9)</li> <li>• Virginia Dementia Capable Summit (May 10)</li> <li>• NCOA Older Adult Mental Health Symposium (May 11)</li> </ul> <p><i>Presented:</i></p> <ul style="list-style-type: none"> <li>• LLI Chesterfield Dementia 101 (Mar 2-Mar 16, three 60-min sessions)</li> <li>• OLLI Charlottesville Dementia 101 (Mar 1-Mar 15, three 90-min session)</li> <li>• Unitarian-Universalist Lay Leaders meeting – Dementia resources and referrals (Mar 27)</li> <li>• University Village, Charlottesville, community presentation: Brain Health and Dementia Risk Reduction (Apr 4)</li> <li>• Southern Gerontological Society conference (April 12): Using Dementia Friends in Dementia Friendly Efforts</li> <li>• Stafford Community Presentation: Dementia Resources and Supports (Apr 18)</li> <li>• Virginia Association of Community Services Boards: Panel presentation on Dementia/Brain Injury and behavioral health (May</li> </ul> </div>	<p><b>George Worthington</b></p>

<p>3)</p> <ul style="list-style-type: none"> <li>• Virginia Governor's Conference on Aging (May 9): Virginia's Dementia State Plan 2020-2024 (with Lana Sargent)</li> </ul> <p><i>Training</i></p> <ul style="list-style-type: none"> <li>• Virginia State Police Academy Training (April 17)</li> <li>• Dementia Friends Champion training session (cancelled, next in July)</li> </ul>	
<p><b>2. Data</b></p> <ul style="list-style-type: none"> <li>• CMS Medicare Beneficiary Chronic Conditions data – updated for 2018 (data available to 2018)</li> <li>• BRFSS Cognitive Decline and Caregiver modules – Caregiving module (2022), Cognitive Decline (2022)</li> </ul>	
<p><b>3. Collaboration and Partnerships</b></p> <p><i>Virginia</i></p> <ul style="list-style-type: none"> <li>• Virginia Caregiver Coalition: <i>meetings</i> Mar 16, May 18. <i>Executive Committee meeting</i> (April 18).</li> <li>• Virginia Brain Injury Council: <i>Apr 28.</i></li> <li>• AARP Age Friendly State Meeting</li> <li>• Richmond Brain Health Initiative (ongoing).</li> <li>• Department for Behavioral Health and Developmental Services (ongoing).</li> <li>• Commonwealth Council on Aging (April 19)</li> <li>• Virginia Department of Health: <i>Collaboration with Partners in Prayer and Prevention (P<sup>3</sup>); are including messaging on brain health and offer brain health and Dementia Friends training/information sessions to faith-based communities. This collaboration is an integral part of the BOLD Act Grant project.</i></li> <li>• Advisory Committee on Health Disparities and Health Equity (VDH) – Apr 11</li> <li>• Dementia Friendly Virginia: <ul style="list-style-type: none"> <li>◦ <i>Quarterly virtual Dementia Friends Champion trainings</i></li> <li>◦ <i>Developing brain health module for Dementia Friends (BOLD project)</i></li> </ul> </li> <li>• Dementia Friendly Central Virginia (DFCV): <i>bimonthly meetings</i> <ul style="list-style-type: none"> <li>◦ Charlottesville Area Alliance (spearheading Age-Friendly/Livable Community initiative)</li> <li>◦ Charlottesville TRIAD</li> </ul> </li> <li>• Library of Virginia (met May 30) – discussed training and resources that could be made available to library staff across Virginia</li> <li>• ARDRAF – member of 2023 review panel (meeting June 14)</li> </ul>	

<p><i>National/Interstate</i></p> <ul style="list-style-type: none"> <li>• District of Columbia Brain Health Initiative (ongoing when able)</li> <li>• Advisory Council on Alzheimer's Research, Care and Services (National Plan)</li> <li>• RAISE Family Caregiver Council:</li> <li>• State Dementia Coordinators:</li> </ul>	
<p><b>4. Grant Writing and Administration</b></p> <p><b><u>CDC BOLD Public Health Programs to Address Alzheimer's Disease and Related Dementias (ADRD)</u></b></p> <ul style="list-style-type: none"> <li>• Grant awarded to VDH September 8, 2020.</li> <li>• Project period is September 1, 2020 through August 31, 2023. Monthly meetings with VDH and Alzheimer's Association.</li> <li>• Enhanced grant required a published Dementia State Plan, Alzheimer's or dementia advisory committee active for at least two years, and a 30% match.</li> <li>• \$150,000-\$500,000 (total project \$195,000-\$650,000 including match)</li> <li>• VDH working with DARS, Alzheimer's Association, Hampton University and other partners</li> <li>• Goal is to develop a strong public health approach to ADRD <ul style="list-style-type: none"> <li>○ Risk reduction</li> <li>○ Early diagnosis</li> <li>○ Using data for priority setting and action</li> <li>○ Support for caregiving for persons with dementia, including addressing social determinants of health</li> </ul> </li> <li>• Incorporating brain health module into Dementia Friends program</li> </ul> <p><b>New BOLD funding opportunity responded to by VDH; awards announced in September 2023</b></p> <p><b><u>GTE Grant Virginia Dementia Capable Summit (awarded Nov 15)</u></b></p> <ul style="list-style-type: none"> <li>• \$12,500 awarded to support the Summit.</li> <li>• Final report due September 30, 2023</li> </ul>	
<p><b>5. Tracking Policy</b></p> <p><b>General Assembly 2023</b></p> <ul style="list-style-type: none"> <li>• <u>SB952</u>: Modifies composition of the ADRD Commission to include Commissioners of Department for Aging and Rehabilitative Services (DARS), Department of Social Services (DSS), Department for Behavioral Health and Developmental Services (DBHDS), and the Director of the Department for Medical Assistance Services (DMAS), or their designees, and extends the sunset of the ADRDC to June 30, 2026. Passed</li> </ul>	

House and Senate. Governor's action deadline March 27.

- HB2250: Requires the Department of Criminal Justice Services, under the direction of the Board, to establish training standards and establish a model policy for the identification of, communication with, and facilitation of the safe return of individuals diagnosed with dementia by law-enforcement personnel. Under current law, such training standards and model policies are focused solely on individuals diagnosed with Alzheimer's disease. (March 7, enrolled in House, passed in Senate Feb 22).
- HJ544 Study: Joint Commission on Health Care, ADRDC: Treatment of Alzheimer's disease. Left in House Rules committee.

**United States 118<sup>th</sup> Congress** (S=Senate, HR=House of Representatives)

- S.626/H.R. 1637: Comprehensive Care for Alzheimer's Act. Recommend that the Center for Medicare and Medicaid Innovation test the effect of a dementia care management model. Under the model, participating health care providers receive payment under Medicare for comprehensive care management services that are provided to individuals with diagnosed dementia, excluding Medicare Advantage enrollees, hospice care recipients, and nursing home residents. Required services include medication management, care coordination, and health, financial, and environmental monitoring, as well as trainings and other support services for unpaid caregivers. Providers must furnish services through interdisciplinary teams and must ensure access to a team member or primary care provider 24-7. The CMMI must set payments and determine quality measures for the model in accordance with specified requirements. The bill also allows the CMMI to design a similar model under Medicaid. S: Read twice and referred to Committee on Finance (3/2/23) HR: Referred to Subcommittee on Health (3/24/23)
- S.134/H.R. 620: Alzheimer's Accountability and Investment Act. This bill requires the National Institutes of Health to annually submit, beginning in FY2024, an estimate of its budget and personnel needs for carrying out initiatives pursuant to the National Alzheimer's Project directly to the President for review and transmittal to Congress. The Department of Health and Human Services and the Advisory Council on Alzheimer's Research, Care, and Services may

<p>comment on the budget estimate but may not change it. S: Read twice and referred to the Committee on Health, Education, Labor and Pensions (1/30/23). HR: Referred to the House Committee on Energy and Commerce (1/30/2023).</p> <ul style="list-style-type: none"> <li>• <u>S.133/H.R.619: NAPA Reauthorization Act.</u> This bill extends through 2035 and makes other changes to the National Alzheimer's Project. This project supports coordination of federal planning, programs, and other efforts to address Alzheimer's disease and related dementias. In particular, the bill incorporates a focus on promoting healthy aging and reducing risk factors associated with cognitive decline. The bill also expands the Advisory Council on Alzheimer's Research, Care, and Services to include additional members, such as (1) a researcher with experience recruiting and retaining diverse clinical trial participants, (2) an individual diagnosed with Alzheimer's disease, and (3) representatives from additional federal agencies (e.g., the Department of Justice and the Office of Management and Budget). S: Read twice and referred to the Committee on Health, Education, Labor and Pensions (1/30/23). HR: Referred to the House Committee on Energy and Commerce (1/30/2023).</li> <li>• <u>S.141: Elizabeth Dole Home Care Act:</u> to improve certain programs of the Department of Veterans Affairs for home and community based services for veterans, and for other purposes. Committee on Veterans' Affairs. Ordered to be reported with an amendment in the nature of a substitute favorably (2/16/2023).</li> <li>• <u>S.10: VA Clinician Appreciation, Recruitment, Education, Expansion and Retention Support (CAREERS) Act.</u> Committee on Veterans' Affairs. Ordered to be reported with an amendment in the nature of a substitute favorably (2/16/2023).</li> </ul>	
<p>Mr Worthington thanked all the Commission members for their contributions to the Dementia Summit and noted that it had been a great success. He thanked the Summit Committee members and gave a special thanks to Margie Shaver who chairs the Dementia State Plan Committee and the Summit Committee.</p>	
<p><b>Bylaw Revisions (Handout)</b>  <i>Action Item: Approve proposed changes to the bylaws</i>  Mr. Worthington reviewed proposed changes to the bylaws that will bring the bylaws into alignment with changes to the Commission's membership that resulted from SB 957.</p>	<p><b>George Worthington</b></p>

<p>Rick Jackson made a motion to approve the bylaws changes as presented. Karen Garner seconded the motion. The vote was unanimous to accept the proposed amendments to the bylaws. The changes will go into effect from today.</p>	
<p><b>Legislative Committee</b>  <i>Action Item: Approve Proposed Recommendations (Attachment)</i></p> <p>Committee Chair Rick Jackson reviewed the proposed policy recommendations that were adopted by the Legislative Committee at its meeting in March.</p> <p><b>Item 1</b>  <b>Expand Dementia Case Management to Underserved Areas of Virginia</b></p> <p><b>Item 2</b>  <b>Dementia Services Budget Increase</b>          Asking for \$100,000 appropriation for the DSC position and other costs like printing</p> <p><b>Item 3</b>  <b>Support Dementia Capable Training for First Responders</b>          The commission supports efforts in communities in several areas across the state to train first responders in dementia capability.</p> <p><b>Item 4</b>  <b>A Dementia Capable No Wrong Door</b>          The commission recommends a \$100,000 appropriation to support the No Wrong Door Dementia Capability Project. This would enhance data collection and help identify areas in need, help identify the number of people living with dementia in Virginia.          In 2019, the Dementia Services Coordinator convened a work group of AAA staff working in No Wrong Door to develop a cognitive screening question and follow-up protocol. This protocol will serve as the basis for the No Wrong Door Capability Project.</p> <p>Karen Garner made a motion to approve the legislative recommendations and Margie Shaver seconded the motion. The motion passed unanimously.          Mr. Worthington recommends that this be included in a letter to the Commissioner of DARS. Motion to approve letter to DARS Commissioner made by Karen Garner.</p>	<p><b>Rick Jackson</b></p>

Seconded by Kim Kutner. The motion passed unanimously.	
<p><b>ADRD Commission Workgroups</b></p> <p>Mr. Worthington reported that going forward the workgroup meetings are likely to be held on the same day as the Commission meetings to facilitate a quorum. Non-commission members will be considered for workgroups.</p> <p>Mr. Jackson said that he has enjoyed chairing the Legislative committee and will continue unless someone else is interested in serving. The Legislative Committee typically meets once a year.</p> <p>Mr. Worthington asked members to please share their interest in serving on a particular workgroup and especially if they would like to chair a workgroup. The next chair will need to appoint all committee chairs.</p>	<p><b>Laura Bowser, George Worthington</b></p>
<p><b>Nominating Committee</b></p> <p><i>Action Item: Elect Officers for 2023-2025</i></p> <p>The nominating committee met earlier today and approved a slate of officers.</p> <p>Karen Garner chaired the Nominating Committee. She reported that Lana Sargent was nominated for Chair of the commission and Kim Kutner as Vice Chair.</p> <p>The terms of office will be the close of today's meeting to the Annual meeting in 2025. Ms. Garner opened the floor to any other nominations. There were none. Ms. Shaver made a motion to approve the slate as presented and Rick Jackson seconded the motion. With no other candidates, they were elected by acclamation.</p>	<p><b>Karen Garner</b></p>
<p><b>Dementia State Plan Committee/Summit Committee Report</b></p> <p>Ms. Shaver reported that the first Dementia Summit was a success. It was well attended and all of the sessions were great. She thanked George Worthington for all of his work on the summit and noted that it would not have happened without his efforts. Ms. Shaver noted that there is probably an expectation for another summit to be held. Mr. Worthington thanked several people for their help in putting on the summit, including V4A staff Martina James Nalley, Eldon James and Gillian Saul.</p> <p><b>2024 Dementia State Plan Working Session (Handout)</b></p> <p>The State Plan Workgroup met at the end of May. Mr. Worthington led a working session to review proposed recommendations and strategies for the Plan and solicit feedback and input into specific areas of the Plan. These proposals stemmed from feedback received at the Dementia Summit among other sources.</p>	<p><b>Margie Shaver George Worthington</b></p>

<p>Life Course Model: Dementia Awareness and Supports handout</p> <p>Overview of Dementia State Plan</p> <p>Members discussed various recommendations and the life course model handout. Members agreed that engaging younger caregivers should be a goal. One member suggested offering training for assisted living staff and adult day care staff through the DSS training platform.</p> <p>Another mentioned ensuring that dementia related information is enhanced in the CNA training.</p> <p>Ms. Arbogast will share information with Mr. Worthington about info in the State Plan for Aging Services.</p> <p>Members discussed possible alternative credentials such as the Certified Dementia Practitioner that could be leveraged to improve dementia care at long-term care facilities. Members discussed a number of potential recommendations, and agreed that a sixth goal targeting brain health and dementia risk reduction should be created.</p>	
<p><b>Alzheimer's Association Update</b></p> <p>Ms. Lissa Greenlee (Executive Director, Alzheimer's Association Greater Richmond chapter) provided an update. The Alzheimer's Association is expecting full approval by July 6<sup>th</sup> from CMS for coverage of new treatment for Alzheimer's disease. CMS is requiring a registry of patient experience with the new medication. The Association hosted a corporate breakfast recently that had 150 attendees. They were provided an overview of the association and services and fundraising. This event will be replicated in the Charlottesville and Fredericksburg areas. The Association is also partnering with Historically Black Colleges and Universities (HBCUs) in Virginia. June is Brain &amp; Alzheimer's Awareness Month and the Association is sponsoring the Longest Day (June 21). The First Lady of Virginia has invited Alzheimer's Assn staff to a lunch next week. Mrs. Youngkin has a personal connection as her mother has Alzheimer's.</p>	<p><b>Lissa Greenlee</b> <b>Alzheimer's Association</b></p>
<p><b>Future Meeting Dates</b></p> <p>September 19, 2023 – in person, workgroup meetings to follow December 12, 2023</p>	<p><b>Laura Bowser</b></p>
<p><b>New Business</b></p> <p>There was no new business.</p>	<p><b>Laura Bowser</b></p>
<p><b>Public Comment Period</b></p> <p>There were no public comments.</p>	<p><b>Laura Bowser</b></p>

<b>Adjournment</b> Laura Bowser adjourned the meeting at 1:00 p.m.	<b>Laura Bowser</b>
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